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Title: The Black Compendium

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Magical Formulae by  
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To extend one's life is a complicated procedure, taking years to complete.

However, there is an additional side effect: invulnerability. I have broken this work down into chapters based on each individual ritual. It is very important that these steps are performed in the order presented.

First, thou must procure a five stone's of the dust of crushed rubies. This must be mixed thoroughly with the ooze of a slime, enough to make the rubies into a thick paste. After thou hast created the paste, set it in an ivory jar and place the entire container in a bucket of olive oil for three years.

The next step is to procure 10 newborn babies, none more than six days old. With a knife cut from the bone of a harpy, thou must remove the blood from each newborn. To be kept fresh, the blood must be stored in an onyx flask, though mixing of each baby's blood is quite permissible. Now thou shalt seek out...